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A promotional banner for the TaraWera Ultra Marathon app. The banner features a black header with the 'TARA WERA ULTRA MARATHON' logo on the left and social media icons for Facebook, Instagram, YouTube, and a location pin on the right. The main image shows two female runners in athletic gear; the one in the foreground is taking a selfie with her smartphone. Overlaid on the left side of the image is the text 'DOWNLOAD THE APP' in large white letters. Below this text are three icons: the TaraWera app logo, the Google Play store logo with the text 'GET IT ON Google Play', and the Apple App Store logo with the text 'Download on the App Store'.

Hi Rafael,

As race day gets closer, we want to make sure you are feeling prepared for your day on the beautiful trails of Rotorua.

All runners in the 50km will be given an official drop bag label sheet as part of your race pack. These are optional, and if you will have support crew at a certain aid station, you won't need to use a drop bag for that aid station.

Things to remember:

- Make sure your bags are a reasonable size
- All drop bags must be dropped at Athlete Check-In by **9:00pm Friday 7 February**
- Things to pack: gels, food, change of shoes, socks, shorts, any other personal items you might need.
- Do not pack any glass
- At the aid station, you'll be asked to move it from the 'unused pile' to the 'used' (even if you didn't use it) so it can be taken back to the finish line
- If you think you will need a headlamp, put it in either your Outlet, Okataina or Blue Lake drop bag

All drop bags can be collected from the finish line and you just need to show the volunteers your race number. As part of your race pack, you'll also be given one Authority to Collect card which allows your support crew to collect the bags on your behalf.

Happy running & we look forward to seeing you soon.

Tim Day

Race Director



What's on the aid stations?

All aid stations will be generously stocked with food and drink, including Tailwind nutrition, sandwiches, fruit, chips & more. Please remember to have a reusable cup with you as the aid stations are cup-less.

More Details >



Download the app

Make sure you've downloaded the Tarawera Ultramarathon app for 2020. Your family & friends will also be able to see your progress on race day so make sure they've got it too!

Download for Apple
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